



WEEKEND SHORT BREAKS

PRACTICE INDEPENDENCE, MAKE NEW FRIENDS AND GAIN NEW EXPERIENCES AS PART OF ORANA'S WEEKEND SHORT BREAKS PROGRAM.

Weekend Short Breaks

Weekend Short Breaks are offered ten times per year, from February to November, for adults with Down syndrome or other intellectual disabilities. These breaks provide a structured yet enjoyable experience, running from Friday evening through to late Sunday afternoon.

Participants can engage in a variety of enriching activities, including shared meals, team-building exercises, and attending local events. Weekend Short Breaks are designed to foster social connections, enabling participants to reconnect with long-time friends and build new relationships in a supportive environment.

In line with the Short-Term Accommodation (STA) standards, these breaks also focus on skill development and capacity building, ensuring alignment with participants' individual NDIS goals. The program is committed to maintaining a safe and inclusive setting that maximises both enjoyment and personal growth.

Want to know more?

Contact our team on 8375 2000 or intake@orana.asn.au

orana
Creating Opportunities

WEEKEND SHORT BREAKS

WEST BEACH, THE RETREAT

February 28 - March 2

March 21 - 23



SEMAPHORE CARAVAN PARK

April 4 - 6

May 9 - 11



LEVI ADELAIDE HOLIDAY PARK

June 6 - 8

July 11 - 13



WEST BEACH, THE RETREAT

August 8 - 10

September 12 - 14



LEVI ADELAIDE HOLIDAY PARK

October 10 - 12

November 7 - 9



FIND OUT MORE

For more information or for any questions, contact our Intake Team on 8375 2000 or at intake@orana.asn.au.

Alternatively, you can visit our website, oranaonline.com.au

